



SERMON DISCUSSION GUIDE

August 30, 2026

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Sermon Discussion Guide

Series: A Centered Life

Sermon: The Limitations of Time

Recap the Highlights:

1. You will always find time to do the things that you **want** to do.
2. You have the same **24** hours in your day as everybody else.
3. You cannot **make** time - all you can do is find time.

The solution to our “hurry” problem is not more time but the prioritization of our time - giving our lives richer meaning and our days deeper purpose!

Eternal Rock #1: **Love**

- Hurry and love are incompatible.

Eternal Rock #2: **Generosity**

- Luke 12:13-20

Eternal Rock #3: **Carpe Diem**

- James 4:14, “How do you know what your life will be like tomorrow? Your life is like the morning fog - it’s here a little while, then it’s gone.”

Now Dig Deeper:

1. Read and discuss Philippians 3:13 - 14
2. What was the one statement in this message that convicted you more than anything else? Why do you think that is?
3. Discuss what this looks like in your life and if your perspective has changed.
 - Big Rocks = eternal things
 - Small Rocks = basic expectations/daily demands
 - Sand = urgent/unexpected
 - Water = Life in a fallen and broken world
4. Consider doing a Time Audit and discuss what you learn from that as a group.

Respond & Pray:

- Pray for the Holy Spirit to provide clarity for you as you truly assess your time and how to use it for God’s work and your family. Pray for Him to reveal ways that you shouldn’t focus your time.