



SERMON DISCUSSION GUIDE

August 23, 2026

Pastor Patrick Conrad

Sermon Discussion Guide

Series: A Centered Life

Sermon: Margin

Recap the Highlights:

Margin:

- The amount available beyond what is necessary/required.
- The designated space between our present load of activities and our human limitations.

Margin is the space between our load and our limit. When you lack margin, you break through boundaries that keep distractions “OUT,” and you forfeit those things which keep God’s blessing “In.”

What do we do?!?!?

1. Be **Honest** with yourself.
2. Choose to **cheat**.
 - a. When we choose to cheat this world’s priorities - it leaves space for...
 - i. **J - Jesus**
 - ii. **O - Others**
 - iii. **Y - Yourself**
3. Invite **accountability**

Now Dig Deeper:

1. Read Luke 10:38-42. This scripture has been referred to many times lately. What has God revealed to you during this season?
2. Can you identify what depletes your margin in life currently? What are ways that we can learn to identify and balance our margin?
3. Discuss ways to create margin in your life. Which of the following works for you? Are there more you can add to this list?
 - a. Use all of your vacation days.
 - b. Protect your day off / time away from work religiously.
 - c. Don't schedule meetings on certain days or before certain hours.
 - d. Delegate more responsibility.
 - e. Only check email during designated times during the day.
 - f. Get up earlier in the morning.
 - g. Schedule meetings with God and yourself.
 - h. Turn off the TV.
 - i. Single-Task.
 - j. Hit the gym. You don't have enough time or energy NOT to work out!
4. What are ways for us to be more accountable? Discuss this as a group.

Respond & Pray:

- Pray for God to reveal discernment between what we are distracted with and what we are distracted from. What should our focus be?