



SERMON DISCUSSION GUIDE

October 12, 2025

Pastor Patrick Conrad

Sermon Discussion Guide

Series: Mind Wars

Sermon: Principle #4: REJOICE

Recap the Highlights:

Principle #3 REJOICE

Philippians 4:4-7 “Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. the Lord is near, Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.”

Philippians 1:13-14; 20-26 “Rejoicing is a profound and significant theme of the Biblical community; to “rejoice” meant more than happiness; it is a spiritual discipline that fosters resilience and gratitude in the midst of trials - reflecting a deep- seated joy rooted in faith, hope, and the presence of God.

Paul learned to...

1. Rejoice in the **sovereignty** of God rather than the **certainty** of his future.
2. Rejoice in God’s **will** rather than his own. vs. 21 “For to me to live is Christ, and to die is gain.”
3. Rejoice **in spite** of circumstances rather than **because** of them.

Now Dig Deeper:

1. Pastor Patrick stated that being negative and critical is bad for your body and your spirit. Did you have any revelations about this during the sermon?
2. Being joyful is not natural, we have to learn to be joyful and then choose it daily. What are ways to do this and become better at it?
3. Spend as much time as you can going around the group having each person call out something positive in their lives. Do this as long as you can.
4. Discuss times when God didn’t answer your prayers the way you wanted him too, but did answer them in ways that you were able to see later.

Respond & Pray:

- Pray every day this week and beyond for God’s will to be done in your life.
- Spend some time in prayer thanking God for the pain that you have experienced in life that has resulted in beautiful blessings.