COMPEL CHURCH

SERMON DISCUSSION GUIDE

September 28, 2025 Pastor Patrick Conrad

Sermon Discussion Guide
Series: Mind Wars
Sermon: Rewire Your Thoughts/Renew Your Mind

Recap the Highlights:

2 forces fighting for our thoughts:

1. **Sinful nature** - residual rebellious nature which still exists in the thoughts, emotions and decisions of a believer during the process of sanctification.
2. **The Spirit** - The Truth of Christ, which infuses the effects of Christ's salvation into a believer.

The one you feed thrives; the one you starve dies!

Romans 12:2 NLT, "Don't copy the behavior and customs of this world, but let God transform you into a new person **BY CHANGING THE WAY YOU THINK**!"

II Corinthians 10:3-5 (NIV)

1. **Take** every thought captive.
   Words which represent the primary patterns that our thinking falls into....

Grateful	Curious	Stubborn
Angry	Defensive	Hopeful
Passive	Determined	Anxious
Dissatisfied	Engaged	Self-preoccupied
Creative	Courageous	

2. **Make** it obedient to Christ. Philippians 4:8-9
3. **Set** your mind on things above... Colossians 3:2

Now Dig Deeper:

1. What does your sinful nature look like and what are ways that it attacks your mind?
2. Look at the words above and consider which 3 describe you at your worst and at the best version of yourself that you want to be. Discuss this as a group.
3. Pastor Patrick gave examples of rejection and how being rejected can send us towards a path of bad decisions for how we cope. Do you have an example of this from your past? How can you work to not have this issue moving forward?
4. There will always be external factors (rejection, envy, fear, etc.) that can negatively impact us. Focusing our minds on God will be the key to overcoming this. How can we start putting into place more tactics to help us avoid bad thought patterns?

Respond & Pray:

- Pray for God to make you completely aware of when you need to take your thoughts captive and make them obedient to Christ.
- Pray for God to help you focus on him more by changing the way you think.