



# SERMON DISCUSSION GUIDE

September 14, 2025

Pastor Michael Dees

## Sermon Discussion Guide

Series: Mind Wars

Sermon: The Battlefield of the Mind

### Recap the Highlights:

There is a spiritual battle taking place for our minds... 2 Corinthians 10:3-5

### The Battleground - What the Mind is

- The mind is the inner faculty of thought that directs the will and shapes our life. As our mind goes, so goes our life.

**The Stakes** - Why the Mind Matters - "Above all else, guard your heart, for everything you do flows from it." Proverbs 4:23

- If the enemy captures our thoughts, he leads us into captivity and death.
- If we surrender our thoughts to God, He leads us into life and freedom.

### The Influences - What Informs the Mind

- **Experiences** - family, trauma, neglect, instruction
- **Culture** - external patterns, messages, and values opposed to God
- **Habits** - repeated thoughts and actions that carve pathways in our minds
- **Flesh** - our inward, sinful inclination apart from God
- **Spirit** - God's presence forming us into Christ's likeness

### The Strategy - How to Train the Mind

- **Renew** Your Thinking - The Holy Spirit doesn't just help you think better thoughts — He gives you the very mind of Christ.
- **Capture** Every Thought - You can't always control what comes into your mind, but you can decide what stays there.
- **Fix** Your Focus - What fills your mind will eventually fuel your life.

### Now Dig Deeper:

1. Pastor Michael gave an example of how powerful the mind can be when we mentally know an ingredient that we don't like is in a food that we do like, but because we know the ingredient is in it, we now won't eat it. Discuss examples of when this has happened in your life.
2. Discuss times when the enemy has been in your mind and has had control over you and you were finally able to break free from that battle.
3. Discuss ways we fuel our minds in our culture and how we should reconsider those?
4. What are ways that we can renew our thinking, capture every thought and fix our focus? Discuss this as a group.
5. What does it mean to you to know that the Holy Spirit gives you the very mind of Christ?

### Respond & Pray:

- Pray for God to help you realize when the enemy is attacking your mind.
- Pray for God to lead you in ways to best fill your mind to fuel your life.