



SERMON DISCUSSION GUIDE

May 4, 2025

Pastor Patrick Conrad

Sermon Discussion Guide

Series: Built to Last

Sermon: The Bedroom

Recap the Highlights:

We are caught in the perplexity that sex often represents both the best and worst moments of our lives. While sex may at times create moments that mark our deepest shame, it can also make us feel more alive than ever before. Gary Thomas [Sacred Marriage](#).

Sex is one of the most beautiful, spiritual & mystical expressions of how God intends for a man and woman to consummate their relationship in the bonds of Holy matrimony.

Genesis 2:18-25

The Design of Biblical Sexuality:

- Monogamous relationships
- Heterosexual relationships
- Married relationships

The Purpose of Biblical Sexuality:

- Human **Procreation** - Genesis 1:28
- Spiritual and Emotional **Unity** - Genesis 2:24
- **Pleasure/Fulfillment** - Proverbs 5:18-19

3 Keys to Unlocking Biblical Sex in Your Marriage

1. Love them **unconditionally**. - 1 Corinthians 13:5b
2. Serve them **willingly**. - 1 Corinthians 7:3-5
3. Treat them **respectfully**. - Ephesians 5:21

Now Dig Deeper:

1. Read and discuss 1 Corinthians 6:15 (Message)
2. Pastor Patrick shared 3 views on sex. 1. Sex is a natural appetite. 2. Sex is only for procreation. 3. Sex is a critical form of knowing who you are. None of these are biblical. Discuss what your view was based on your upbringing.
3. How does it make you feel knowing that sex is a gift from God?
4. How can this knowledge help better marriages?

Respond & Pray:

- Pray for God's complete protection for our marriages. Pray for Godly marriages that don't exist yet as well.
- No matter where you are currently in your marriage, pray about honoring each other moving forward. It's never too late to make a change.