



SERMON DISCUSSION GUIDE

April 23rd, 2023

Lead Pastor, Patrick Conrad

Sermon Discussion Guide

Series: "Baggage"- Week 2- WORRY

Recap the Highlights:

WHY IS IT THAT I WORRY?

Life is hard.

The future is uncertain.

I'm not in control.

- **Worry** is the sin of distrusting the promises and power of God.
- **Concern** focuses on a problem that's within the realm of your control, which results in action.
- **Worry** focuses on what's beyond our control and results in inaction - with worry, NOTHING changes.

HOW DO I DROP THE BAGGAGE OF WORRY?

- **Recognize that worry accomplishes nothing.**

Vs.27, "Who of you by worrying can add a single hour to your life?"

- **Put first things first.**

vs. 33, "But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

- **Transfer Trust.**

vs. 30, "Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?"

Now Dig Deeper:

1. After listening to the message this week on worry, are you bringing worry into your relationship with God?
2. What has been owning your heart as a Christ follower that you can transfer out of your bag and into the bag only God can carry?



3. Read over Philippians 4:4-7. When you worry you do not trust God. When you worry you chip away at what God is trying to do.
4. What did Pastor Patrick say in our last series really matters? How will you lean in to trust Him in order to do these things in your daily life?
 1. Character
 2. Eternity
 3. Purpose

Scripture References:

Message Text-Matthew 6:25-34 (NKJV)

- Proverbs 12:25
- Romans 8:38-39
- Philippians 4:6-7
- 2 Corinthians 5:21

Respond & Pray:

A. Do you believe God can handle the things that weight you down with worry? Are you seeking His rule in your daily life? Pray for the ability to surrender it to Him this week!

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.”
Philippians 4:6-7 (NLT)