



SERMON DISCUSSION GUIDE

April 16th, 2023

Lead Pastor, Patrick Conrad

Sermon Discussion Guide

Series: "Baggage"- Week 1- GUILT

Recap the Highlights:

Weight of Guilt

- Destroys our confidence.
- Devastates our relationships.
- Damages our bodies.

When we check our baggage of Guilt with Christ...

1. God promises to drop the weight of guilt off of your life.
2. God promises He will give you His protection.
3. God promises He will give you His guidance.
4. He will enclose you in His unfailing love.

Now Dig Deeper:

1. How will you contrast the weight of guilt with the joy of confession in this season? What bags are you carrying around?
2. What steps do you need to implement into your life today to draw closer to God and let His forgiveness and unconditional love speak into your heart? It starts with
3. **Read over 1 John 1:9 together.** Are you ready to turn and drop the weight that is far too heavy? Let Him bring you back to life.

Scripture References:

Message Text- Psalm 32:1-7

- Hebrews 12:1
- Proverbs 28:13
- John 16:7-11
- Hebrews 8:12

Respond & Pray:

- A. Let's run with our full potential so we can really experience the joy and freedom God has for us! Pray over releasing your baggage and leaving it with Jesus to carry.