

SERMON DISCUSSION GUIDE

September 11/12, 2021

Jeremy Ulmer, Guest Speaker

Discussion Guide - "Winning The War In Your Mind" CONTROL YOUR THINKIN'

Sermon References

- Matthew 5:45
- John 16:33
- Acts 27:13-14
- John 14:1-3
- Romans 12:1-2
- Isaiah 43:2

Icebreakers

- "The more I think a thought, the easier it is to think." How can I capture my thoughts?
- Have you ever been caught in a storm? Share a little of your experience.

Grow Deeper

- 1. We are often quick to focus our attention on the storms of this world instead of God's Promises. Why do you think that is?
- 2. How do you encourage others during a storm?
- 3. What helps you refocus and reframe your thought patterns when storms come?
- 4. What does Isaiah 43:2 mean to you?

Respond

- 5. What areas of my life do I need the most work on filtering and focusing my thoughts?
- 6. How will being led by God's Word rather than your senses keep you anchored when storms come?

Pray

"Lord help us to define and defeat our fears and our enemy......